

# Interstate Hiking Club

Organized 1931

Affiliate of the NY-NJ Trail Conference



## Schedule of Hikes

December 2021 through May 2022

IHC Web Page: [WWW.INTERSTATEHIKINGCLUB.ORG](http://WWW.INTERSTATEHIKINGCLUB.ORG)

IHC e-mail: [INFO@INTERSTATEHIKINGCLUB.ORG](mailto:INFO@INTERSTATEHIKINGCLUB.ORG)

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### INTERSTATE HIKING CLUB OFFICERS FOR JUNE 2021 THROUGH May 2022

<b>President:</b>	Guy Percival	73 Birchwood Road	Bedminster NJ 07921	973-590-7437	JENGUY@OPTONLINE.NET
<b>Secretary:</b>	Marguerite La Corte	PO Box 52	Mt. Tabor NJ 07878	973-625-4379	REDTABORLADY@VERIZON.NET
<b>Treasurer:</b>	Charles Kientzler	711 Terhune Dr.	Wayne NJ 07470	973-835-1060	CKIENTZLER@AOL.COM
<b>Trails Chair:</b>	Sara Van Niekerk	102 Weinmanns Blvd	Wayne NJ 07470	973-489-6442	SUSARAVN@GMAIL.COM
<b>Entertainment:</b>	Paul Ferlazzo	102 Iroquois Avenue	Lake Hiawatha NJ 07034	973-979-2010	P_FERLAZZO@YAHOO.COM
<b>Web Master:</b>	James Canfield	107 Rolling Ridge Rd.	West Milford NJ 07480	973-728-9774	CMJWCANFIELD@GMAIL.COM

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## GENERAL INFORMATION ABOUT THE INTERSTATE HIKING CLUB

### *Who we are!*

The Interstate Hiking Club (IHC) is a medium-sized hiking club, organized in 1931. IHC has been affiliated with the NY/NJ Trail Conference, as a trail maintaining club, since 1931.

**Guests are welcome!** An adult must accompany anyone under 18. **No Pets allowed on IHC hikes.**

### *Where do we go?*

Most of our activities are centered in the NY/NJ area; some hikes, bicycle rides and canoe trips are farther away. The club occasionally sponsors trips in the Catskills and Pennsylvania. Our hikes are not usually accessible by public transportation.

### *What do we do?*

Hikes, bicycle rides and canoe trips generally are scheduled for every Sunday, and some Fridays and Saturdays, as day-long outings.

They are graded by difficulty of terrain, distance and pace. **The Hiking grades are:**

**Easy:** These hikes are 3 to 5 miles in length and should have no significant hills.

**Moderate:** These hikes are 5 to 8 miles and may take up to 5 hours, including time for trail lunch. They should not generally have multiple long steep hills, and should be at a moderate pace.

**Moderately Strenuous:** These hikes are 5 to 8 miles with multiple steep hills or 8 miles or more which are mostly flat walking. They can last up to 6 hours including trail lunch. Pace to be moderate.

**Strenuous: Not for novices.** Hikes are 8 miles or more and last 6 hours or more, including time for trail lunch. These may have many long steep hills and may be at a brisk pace.

**The club also maintains trails in association with the NY/NJ Trail Conference. Two Sundays a year are devoted to this service work. In addition, in the past we have participated in the following: orienteering, snow-shoeing, cross-country skiing, swimming, mountain biking, backpacking, and camp-outs in the Adirondacks, Southern Appalachians and Maine.**

### *What to bring:*

**Footwear is very important. Hiking boots with non-slip soles are essential for all hikes.** New footwear should be broken-in before being used on a hike!

**Bring plenty of water to drink (In the summer; a minimum of 2 quarts recommended), a trail lunch,** but please no food that requires cooking. Bring a pack to carry your gear in, including rain gear, sweater, etc., leaving your hands free for climbing.

### *Things to be aware of:*

**All outdoor activities involve inherent risks. Your participation in these activities is at your own personal discretion and you are solely responsible for your safety!**

### The stated meeting time for a hike "is" the departure time.

The leader is in charge of the event. Allow the leader to set the pace. **Do not rush ahead or fall behind the group.** The leader has the right to refuse any person he/she deems not prepared for the hike/event.

### *How to join:*

Application for membership may be given to any club officer or mailed to the treasurer **upon the completion of one activity.** Guests, who have **attended three activities, shall be expected to apply for membership** before attending any more activities.

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**Rain, inclement weather, will cancel the activities below. Contact the leader if in doubt.**

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## Membership Application

**Note! Current Members! Annual Dues are \$20.00: A Second Member at same address \$10.00. Due on June 1!**

Having **completed at least one club activity,** I wish to apply for membership in the Interstate Hiking Club.

**If joining between May 1 to Dec. 1,** dues are \$21.00 per person. [\$20.00 per year plus \$1.00 initiation fee]

**If joining between Dec. 1 to May 1,** dues are \$11.00 per person. [\$10.00 (1/2 year) plus \$1.00 initiation fee]

Junior (under 18) dues are \$1.00 a year.

**The Club fiscal year is June 1st to May 31<sup>st</sup>.**

Name: \_\_\_\_\_ (Please PRINT Clearly)

Street: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ -- E-mail: (All Caps) \_\_\_\_\_

Date of your IHC hike: \_\_\_\_/\_\_\_\_/\_\_\_\_ Application Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Amount: \_\_\_\_\_ \$21.00 (App. Date: 5/1 to 12/1) \_\_\_\_\_ \$11.00 (App. Date: 12/1 to 5/1) \_\_\_\_\_ \$1.00 (Junior)

**Enclosed are dues and initiation fee. Payable to INTERSTATE HIKING CLUB**

**Mail to the Treasurer: Charles Kientzler, 711 Terhune Drive, Wayne NJ 07470**

# INTERSTATE HIKING CLUB      Winter 2021 SCHEDULE

## December 2021 thru May 2022

**Saturday December 4, 2021      Early Christmas Hike in NY      Moderately Strenuous**  
 Enjoy the Christmas season in NYC with an early morning and afternoon hike. **Naughty & Nice Persons only!** Awful weather cancels. Contact leaders after 6:00 AM morning of hike if uncertain.

**Leaders:**    **Jim Schlenker**                      **908-295-8178**                      **JIMS0331@GMAIL.COM**  
                   **Craig Nunn**                                **551-206-6823**                      **DYSTOPICNJ@GMAIL.COM**

**Meet:**      **Penn Station NY-NJ Transit Waiting Area] [Near the Men's Room Sign]**  
**Additional details will be announced via IHC E-MAIL NETWORK one week before the event.**

**Sunday    December 12, 2021    Norvin Green      Moderately Strenuous**  
 The hike thru the park is about 6½ miles, with numerous ups and downs. Exact route depends upon winter trail conditions.

**Leader:**    **Ann Charles**                      **609-240-2712**                      **ANNLC60@MSN.COM**  
**Meet: 9:30 AM**    **New Weis Center for Education, 137 Snake Den Road, Ringwood, NJ 07456**

**From I-287 Exit 55:** Take Rt-511 (Ringwood Ave.) north 4 miles (becomes Greenwood Tpk.) and turn left onto Westbrook Rd. Go west on Westbrook Rd. and make a left at "Y" intersection, then ½ mi. to a left onto Snake Den Road. Follow road to parking lot on the right **before** the New Weis Center. **Do not drive into New Weis Center.**    **GPS (41.0697, -74.3218)**

**Sunday    December 19, 2021    The Tourne & Mtn. Lakes      Moderately Strenuous**  
 This is an 8-mile hike around the trails of the Tourne Park and also an excursion into historic Mtn. Lakes to see its historic "Hapgood Development" homes.

**Leader:**    **Paul Ferlazzo**                      **973 979-2010**                      **P\_FERLAZZO@YAHOO.COM**  
**Meet: 9:30 AM**    **Tourne Park, 50 McCaffrey Lane, Boonton Township, NJ 07005**

**From I-80 West, Exit 39:** Rt-46 East. Go east ¼ mi to Mountain Lakes Blvd. CR-618. Turn left at the traffic light and go 2½ mi to fork. Bear left for another ¼ mi to McCaffrey Lane. Turn left and go ¾ mi to parking lot on left by ball field. **(GPS 40.9092, -74.4366)**

**SUNDAY    DECEMBER 26, 2021                      HOLYDAY—BOXING DAY                      NO HIKE**

**Sunday    January 2, 2022      Great Swamp      Moderately Strenuous**  
 The Great Swamp National Wildlife Refuge is located in Morris County, New Jersey. Established in 1960, it is one of more than 550 refuges in the National Wildlife Refuge System. We will be hiking for about 7 miles. We'll enjoy its rich wildlife and if we're lucky, we'll see some eagles or hawks.

**Leaders:**    **Udi & Neli Cohen**                      **732-543-4624**                      **UDIC2000@GMAIL.COM**

**Meet: 9:00 AM**    **East/ South Parking Lot, Orange Trail, 646 Whitebridge Road, Gillette NJ, 07933**

**From I-287 Exit 30:** Take North Maple Ave. Southbound 2.7 mi to Lord Sterling Rd on left. Drive East 3.4 mi on Lord Sterling Rd. [name changes to Whitebridge Rd.] to intersection with New Vernon Rd. (Rt-604) At the intersection continue straight 0.5 mi to South Orange Trail Parking Lot at the end of road. **GPS (40.7062, -74.4681)**

**Sunday    January 9, 2022      Apschawa Preserve      Moderately Strenuous**  
 Apschawa is a 576 acre preserve with the 40-acre Butler Reservoir in the middle of it. Are the old tanks still there? Come join us for a hike in Northern New Jersey. **Rain cancels this hike.**

**Leaders:**    **Mike Roulier**                      **201-522-0259**                      **MROULIER@PATELLAWOOD.COM**  
                   **Jill Wilson**                                **973-879-0531**                      **SUNSHYN812@GMAIL.COM**

**Meet: 8:30 AM—Start: 9:00 AM**    **Apschawa Preserve, 26 Northwood Drive, West Milford, NJ 07480**

**From I-287 Exit 52:** Take Rt-23 North for 5.3 miles to Germantown Road. Right turn onto Germantown Road and travel east for 2.5 miles. Right turn onto Macopin Road and travel for 1.6 miles to Northwood Road on the right. Turn in. drive a short block, and look to the right for "Apschawa Preserve, New Jersey Conservation Foundation" sign and entrance. **(GPS 41.0250, -74.3730)**

**Sunday    January 16, 2022      Lenape Trail—Mills to Eagle Rock      Moderately Strenuous**  
 After the shuttle, we start at Mills Reservation and next we hike around Cedar Grove Reservoir. Then we continue through Cedar Grove Park, Hilltop Reservation, Verona Park, with some short connecting road walks. The hike will end at Eagle Rock Reservation at the 9/11 Memorial. The Park is noted for the beautiful and inspiring memorial to the tragic events of 9/11/01, located at a panoramic viewpoint, from where the World Trade Center was visible. It affords a broad view over the New York City skyline, from the George Washington Bridge to the Verrazano-Narrows Bridge. **Shuttle Required.**

**Leader:**    **Paul Ferlazzo**                      **973-979-2010**                      **P\_FERLAZZO@YAHOO.COM**

**Meet: 9:00 AM**    **Eagle Rock Reservation, 656 Eagle Rock Ave, Roseland, NJ 07068**

**From I-287 & Garden State Pkw. Intersection:** Go West on Rt-280 3.6 mi to Exit 8B and exit for Prospect Ave (Rt-577) Drive Northward on Prospect Ave ½ mi. to Eagle Rock Rd (Rt-611). Turn right onto Eagle Rock and drive ¼ mi to Park entrance on the left. Turning in continue ¼ mi to Parking area at the Eagle Viewpoint. **GPS Park Entrance (40.8030, -74.2415)**

**Sunday    January 23, 2022      Pyramid & Turkey Hill      Moderately Strenuous**  
 A hike of 8-9 miles in Pyramid Mountain Natural Historic Area, which includes Tripod Rock and other interesting rock formations. We will also visit the lesser traveled Turkey Mountain side, and possibly return via the 100 Steps.

**Leader:**    **David Hartree**                      **732-379-9975**                      **DAVID.HARTREE@GMAIL.COM**

**Meet: 9:00 AM**    **Pyramid Mt. Visitors Center, 472 Boonton Ave, (Rt-511), Boonton Township NJ 07005**

**From the South: I-287 Exit 45 Wootton Avenue (Boonton):** Take first left and go under I-287. Follow Wootton Ave straight up the hill to blinker light. Turn right on Boonton Ave (Rt-511) and continue about 3 miles to Morris County Park parking lot on the left.

**From the North: I-287 Exit 52, to Rt-23 north:** Go 2 miles north on Rt-23 to Boonton Ave (Rt-511 south). Exit is a right-hand jug-handle turn. Follow Rt-511 south 4 miles to Morris County Park parking lot on the right. **GPS Meeting Place (40.9472, -74.3873)**

**Sunday January 30, 2022 PA-DE Canal Hike #8—New Hope to Lumberville, PA Moderately Strenuous**

This 8 mile walk along the Pennsylvania Canal, Delaware Division, starts out with a scenic crossing on the New Hope Lambertville Bridge. Look for the Swans along the NJ side, lean over to see wildlife on the stone abutments. Once in New Hope the leader will be hard pressed to keep moving past all the “Shops.” Moving northward we pass interesting homes built along the canal. The canal has been dry for quite some time due to lack of pumps that were destroyed in a flood. We continue along a bucolic section and then its Lumberville-Raven Rock Bridge! The pedestrian bridge replaced an auto bridge that was swept away in one of the Delaware’s numerous floods. We cross over to Bulls Island SP to our cars.

**Leaders: Guy & Jennifer Percival 973-590-7437 JENGUY@OPTONLINE.NET**

**Meet: 9:00 AM Bulls Island Recreation Area, 2185 Daniel Bray Hwy, Stockton, NJ 08559**

**From I-287 Exit 17 (Rts-206/202 south):** Take Rt-202/Rt-206 south and continue on Rt-202 about 26 miles to last exit in NJ. Exit is to Rt-29, Stockton/Lambertville. Follow signs to Rt-29 (along river), and turn Right (north) driving for 6 miles through Stockton to the entrance of bulls Island. Turning left drive over the canal to visitor’s center 0.1 mile ahead. **GPS Meeting place (40.4097, -75.0356)**

**Shuttle Required Note! If late or lost see below!**

We will shuttle cars to Lambertville Public Parking, 1 Bridge St, Lambertville NJ 08530 GPS Shuttle (40.3654, -74.9464)

Go south on Rt-29 for 7 mi to the Lambertville Light. Turn right onto Bridge St and drive toward the Bridge and just before the bridge, turn left into the parking lot, next to the Lambertville Station. Drive down to the parking spaces along the river close to the bridge.

**Additional details will be announced via IHC E-MAIL NETWORK one week before the event.**

**Saturday February 5, 2022 Hamburg Mt. Wildlife Management Area Moderately Strenuous**

This 6-7 mile loop on the top of the ridge of Hamburg Mt. will take us to Vernon Peak the summit of Mountain Creek Ski Area. (Did you bring your Skies and Ski Pass?) There is a great view to the North from here, with the Gunks on the horizon. If Snow is on the ground, bring Snow Shoes. The map looks flat but there is about a 900 ft. elevation change going around!

**Leader: Mac McCaulley 908-416-4460 cell MACMCCAULLEY@AOL.COM**

**Meet: 10:00 AM Hamburg Mt. Wildlife Management Area, 288 Vernon Stockholm Rd, Stockholm, NJ 07460**

**From I-287 Exit 52B, Rt-23 North:** Take Rt-23 North 14 mi. to turnoff for Northbound Rt-515, (Vernon/Stockholm Rd.) just before traffic light. Drive 6 mi. on Rt-515 towards Highland Lakes. At the 6-mile mark look on the left for large brown sign that says Hamburg Mountain Wildlife Management Area. (Daniel Boone Trail) Turn in and go 300 feet where there is parking on both sides of the wide road. **GPS (41.1629, -74.4928)**

**Sunday February 13, 2022 PA-DE Canal Hike #9—Lumberville to Tincum Pk. PA Moderately Strenuous**

This section of about 8 miles starts by the pedestrian bridge across the Delaware. After inspection and photos, we return to restored Lock #12. Pennsylvania has spent \$\$ on lock restoration but are slow on path upkeep for bicycles. We hike northward past various Canal Artifacts and have nice views across the Delaware, and then we end at our cars.

**Shuttle Required**

**Leaders: Guy & Jennifer Percival 973-590-7437 JENGUY@OPTONLINE.NET**

**Meet: 9:00 AM Tincum Park, 936 River Rd, Erwinna, PA 18920**

**From I-287 Exit 17 (Rts-206/202 south):** Take Rt-202/Rt-206 south and continue on Rt-202 about 13 mi to the Flemington Circle. Drive halfway around circle and take Rt-12 about 11 mi to Frenchtown and Rt-29. turn left and go one block to Bridge St. Leave Rt-29 and drive Bridge St to the Bridge to PA. Crossing over the river at the end turn left onto Rt-32 south. Drive 1¼ mi to Tincum Park entrance and parking. **GPS Meeting Place (40.5067, -75.0676) Shuttle Required**

**Note! If late or lost see below!**

We will shuttle cars to Lock 18, 3845 River Rd, Lumberville, PA 18933 Shuttle GPS (40.4077, -75.0399)

Turn right out of park onto Rt-32 southbound and drive 8 mi to small roadside parking for lock #18 on left side.

This is before the pedestrian bridge across the Delaware.

**Sunday February 20, 2022 TBA Meetup**

Additional details will be announced via **IHC E-MAIL NETWORK** one week before the event.

**Sunday February 27, 2022 PA-DE, Canal Hike #10—Tincum Pk. to Up. Black Eddy, PA Moderately Strenuous**

This section is about 8½ flat miles in length. From Tincum Pk. we hike along the towpath and near lock # 18, is the Uhlerstown Covered Bridge over the tow path. We will climb up to inspect it. Some miles later Lock #19 makes a nice rest stop at a picnic area. Passing thru Upper Black Eddy we approach the one of the narrows of the Delaware R. with the Nockamixon Cliffs looming above, nearby is Lock #20 picnic and parking area and the cars. **Shuttle Required**

**Leaders: Guy & Jennifer Percival 973-590-7437 JENGUY@OPTONLINE.NET**

**Meet: 9:00 Lock #20, 2416 River Rd, Upper Black Eddy, PA 18972**

**From I-287 Exit 17 (Rts-206/202 south):** Take Rt-202/Rt-206 south and continue on Rt-202 about 13 mi to the Flemington Circle. Drive halfway around circle and take Rt-12 about 11 mi to Frenchtown and Rt-29. turn left and go one block to Bridge St. Leave Rt-29 and drive Bridge St to the Bridge to PA. Crossing over the river at the end turn right onto Rt-32 north. Drive 7 mi on Rt-32 to Lock # 20 and turn in over the canal to picnic area. **GPS Meeting Place (40.5622, -75.1634) Shuttle Required**

**Note! If late or lost see below!**

We will shuttle cars to Tincum Park, 936 River Rd, Erwinna, PA 18920 GPS Shuttle (40.5067, -75.0676)

From Lock #20 drive Rt-32 southbound 8¼ mi, past the Frenchtown Bridge, to Tincum Park entrance and parking.

**Sunday March 6, 2022 TBA Meetup**

Additional details will be announced via **IHC E-MAIL NETWORK** one week before the event.

**Sunday March 13, 2022 Stokes State Forest Ramble Strenuous**

Starting at Stony Lake we head out on the Lackner to Kittatinny Lake, up Jacobs Ladder to the AT and head back along the ridge with a stop at the Acropolis. Fire Tower to the descent back to the parking lot via the Tower trail. 8 miles total.

**Leaders:** Mike Roulier 201-522-0259 MROULIER@PATELLAWOOD.COM  
Jill Wilson 973-879-0531 SUNSHYN812@GMAIL.COM

**Meet: 8:30 AM—Start: 9:00 Stony Lake Parking, Stokes State Forest, Coursen Rd, Sandyston, NJ 07826**

**From I-80 West Exit 34B:** Take Rt-15 north about 17 mi. to Rt-206 (Rt-15 ends). Continue straight on Rt-206 north 6+ mi. towards Culvers Gap and AT trail crossing sign. Proceed an additional ½ mi. and the Park Entrance is on the right off Rt-206. Drive by the Ranger Station (Warm John's) on Coursen Rd about 2 mi, bear sharp right at T intersection to Stony Lake. Then continue ¼ mi to parking lot on left.

**Park Entrance: 30 Rt-206, Branchville, NJ 07826 GPS Park Entrance (41.1843, -74.7974)**  
**Stony Lake Parking: Coursen Rd, Sandyston, NJ 07826 GPS Meeting Place (41.2031, -74.7732)**

**Sunday March 20, 2022 Washington Valley Park Moderately Strenuous**

Washington Valley Park is only 3 miles long, but it contains very steep and hilly terrain. Starting at Chimney Rock Park, we will head down a wooded ravine, zig zag through the woods, pause at the Hawk Watch and then continue down past Buttermilk Falls. We finish our 7+ mile hike with a circular return through a pine forest and around a pretty reservoir. There will be 2 water crossings. Early out is possible halfway through the hike.

**Leader: Sue Bennett 732-735-8895 JERSEYHYKER@YAHOO.COM**

**Meet: 9:30 AM Chimney Rock Park, 739 Chimney Rock Road (Rt-525), Martinsville NJ 08836**

**From I-287 South:** Take I-78 east 3.5 mi. to Exit 33. Take Rt-525 south to Martinsville, about ¾ miles, then turn left at T junction with Washington Valley Rd. Proceed east 2 blocks to next traffic light. Turn right on Chimney Rock Road (Rt-525). Park entrance is on left just after Loft Farm condominiums. **Park Entrance GPS (40.5948, -74.5616)**

**Sunday March 27, 2022 Rockefeller Preserve in Westchester Moderately Strenuous**

Rockefeller State Park Preserve offers quiet countryside walks of all lengths through forested hills and valleys surrounding sunlit pastoral fields. Thirty miles north of New York City, the property is the former Pocantico Hills and Rockwood Hall country estates of John D. Rockefeller family and William Rockefeller. The trails of the Preserve are crushed stone carriage roads laid out by John D. Rockefeller Sr. and Jr. in the first half of the 20th century. Let's see what we can find along the trails of Rockwell Hall. Hike is around 8 - 9 miles.

**Leader: Paul Ferlazzo 973-979-2010 P\_FERLAZZO@YAHOO.COM**

**Meet 9:30 AM Rockwell Hall at Sleepy Hollow, Phelps Way, Pleasantville, NY 10570**

**From Suffern: @ I-287 & I-87N Interchange Exit 15A:** Take I-287N for 17.5 mi across the Hudson on New Tappan Br. (Toll). After crossing the river, take Exit #9 for Rt-9 and go North on Rt-9 through the Village of Tarrytown for 3.6 mi to NY-117 E/W. Continue under the underpass and immediately after crossing under NY-117, turn right at a sign for "Rockwood Road." and follow the ramp onto NY-117 Westbound. (Phelps Way) Drive 0.3 mi to a 4-way intersection, and continue straight. The Rockwell Hall Parking area is just beyond on the left. **GPS (41.1112, -73.8623)**

→**Sunday March 27 - Deadline to submit new hike ideas for Summer Schedule. June 2022 thru Nov. 2022**←

**Sunday April 3, 2022 Four Birds Trail Moderately Strenuous**

We start the hike at Green Pond Road and follow the Four Birds Trail to the Hawk Watch and back to the Four Birds Trail. Then onto the Red Trail to the Orange Trail. Closing the loop, its back on Four Birds Trail to the Orange Trail and then to our parking lot. Perhaps we will see the forgotten cemetery along our 8-mile excursion.

**Leader Jerry Giordano GMGLIV@MSN.COM**

**Meet: 9:00 AM Wildcat Ridge (Four Birds South) Parking, 401 Green Pond Rd, (Rt-513) Rockaway, NJ 07866**

**From I-80 West Exit 37:** Turn left at bottom of ramp onto Rt-513 North (Green Pond Rd.). Go about 2.75 miles to Lower Hibernia Rd on right. Turn in and entrance to parking lot is 100 ft on left. **GPS (40.9444, -74.4930)**

**Saturday April 9, 2022 Cranberry Lake Loop Moderately Strenuous**

Today will hike around Cranberry Lake. The trail is about 7 miles and hilly, but with good views of the lake at many points.

**Leader: Mac McCaulley 908-416-4460 cell MACMCCAULLEY@AOL.COM**

**Meet: 9:30 AM Cranberry Lake, Allamuchy St. Pk. Boat Launch, 8 South Shore Rd, Byram Township, NJ 07821**

**From Rt-80 Exit 25 (Rt-206W):** Go approximately 3.5 miles on Rt-206 west to left turn onto South Shore Road. Landmarks before South Shore turnoff are first: Byram Twp. Fire Department and then the Stonewood Tavern on the left. Once on South Shore Road go about 100 yards to left turn and continue 200 yards to a sharp right turn up to parking lot. If it is full, return to South Shore Road, and turn right to the overflow parking area. **GPS Rt-206 South Shore Rd. turnoff: (40.9512, -74.7345)**  
**GPS Parking Lot /sharp right turnoff: (40.9506, -74.7370)**

**Saturday April 16, 2022 Ramapo Millstone Trail Moderately Strenuous**

We start out on the Schuber trail to the Millstone Trail. There are some unfinished millstones left behind from a bygone era. Next up to Twin Hill, and then the Old Guard trail thru Camp Glen Gray out to Matapan Rock. Back on the Cannonball/Hoeferlin. 8 miles

**Leaders: Mike Roulier 201-522-0259 MROULIER@PATELLAWOOD.COM**  
**Jill Wilson 973-879-0531 SUNSHYN812@GMAIL.COM**

**Meet: 8:30 AM—Start: 9:00 Ramapo Mountain S. Forest, Upper Parking Lot, 265 Skyline Dr, Oakland, NJ 07436**

**From I-287 Exit 57:** Take Skyline Drive north 1.3 miles towards Ringwood. Parking area is on the left at the top of the mountain, where the road levels off. **(GPS (41.0475, -74.2513))**

**Sunday April 24, 2022 Sourland & Devils Half Acre Moderately Strenuous**  
 Come enjoy an 8½ mile hike in the Sourland Mountain preserve. Scale the valley of rocks and see the Devils half acre. Be prepared for a great view of NYC. We will see waterfalls and streams along the way  
**Leader: Udi Cohen 732- 543-4624 UDIC2000@GMAIL.COM**  
**Meet: 9:00 AM Sourland Mountain Preserve Parking Area, 380 East Mountain Rd, Hillsborough NJ 08844**  
**From I-287 Exit onto Rt-206 southbound:** Follow Rt-206 south to Somerville Circle (Junction of Rt-202 & Rt-206). Continue south on Rt-206 5.9 mi, then turn right on Rt-514 (Amwell Rd). Precede West 2.8 mi to East Mountain Rd. Turn left onto East Mountain Rd. Travel for two mi, and you will see the Sourland Mountain Preserve entrance sign on the right. **From Rt-206 Northbound:** Follow Rt-206 through Princeton and Montgomery. Traveling up a small ramp, make a left onto Rt-601. Follow Rt-601 for a 1.1 mi, and make a right turn onto East Mountain Road by Carrier Foundation. Travel for 1.1 mi, and you will see the Sourland Mountain Preserve entrance sign on the left. **GPS Meeting Place (40.4751, -74.6926)**

**Sunday May 1, 2022 TBA Meetup**  
 Additional details will be announced via **IHC E-MAIL NETWORK** one week before the event.

**Sunday May 8, 2022 Norvin Green Moderately Strenuous**  
 The hike is about 8 miles, with numerous ups and downs, as our circle may include Buck Mountain, Carris Hill and Wyankie High Point. Good views from the peaks!  
**Leader: Ann Charles 609-240-2712 ANNLC60@MSN.COM**  
**Meet: 9:15 AM New Weis Center for Education, 137 Snake Den Road, Ringwood, NJ 07456**  
**From I-287 Exit 55:** Take Rt-511 (Ringwood Ave.) north 4 miles (becomes Greenwood Tpk.) and turn left onto Westbrook Rd. Go west on Westbrook Rd. and make a left at "Y" intersection, then ½ mi. to a left onto Snake Den Road. Follow road to parking lot on right **before** New Weis Center. **Do not drive into New Weis Center. GPS (41.0697, -74.3218)**

**Sunday May 15, 2022 Harriman—Almost Perpendicular Strenuous**  
 We will start on the Blue Disc and head north over Almost Perpendicular and then go to Claudius Smith's Den. Then it's the R-D up to Parker Cabin Mtn. Next, we go downhill to the Triangle trail, back past Lake Skenonto, the Dutch Doctor shelter and then the White Bar back to the Parking Lot. **About 8 miles of ups & Downs.**  
**Leaders: Mike Roulier 201-522-0259 MROULIER@PATELLAWOOD.COM**  
**Jill Wilson 973-879-0531 SUNSHYN812@GMAIL.COM**  
**Meet: 8:00 AM—Start: 8:30 Johnstontown Circle (at end of Road), 199 Johnstontown Rd, Sloatsburg, NY 10974**  
**From Suffern @ I-87 & I-287N Interchange Exit 15A:** Take R-17 north 4.5 miles, to Seven Lakes Dr., just north of Sloatsburg, NY. Turn right onto Seven Lakes Dr. and proceed ½ mile to Johnstontown Road on the left after underpass. Follow road about 2 miles to the circle at the end. **Early start due to limited parking! GPS (41.1799, -74.1638)**

**Sunday May 22, 2022 Bearfort Ridge Strenuous**  
 This will be a really pretty circular around Bearfort ridge, the itinerary will include the completely new West Ridge Trail. About 9 miles total.  
**Leader: David Hartree 732-379-9975 DAVID.HARTREE@GMAIL.COM**  
**Meet: 9:00 AM Shopping Center/Hewitt Post Office; 1938 Union Valley Rd. (Greenwood Lk. Tpk.), Hewitt, NJ 07421**  
**From Rt-23 north:** Right exit onto Union Valley Rd. (Rt-513). Then go northeast 7 miles to the traffic light in the center of West Milford by Shoprite. Turn left following Union Valley Rd (Rt-513) at 1.4 mi. bear right (Do not go up White Rd.). Continue straight on Union Valley Rd (Rt-513) ½ mi. to intersection of Rt-511 (Greenwood Lake Tpk.). The shopping center is ½ block on right.  
**From I-287 Exit 55 (Rt-511):** Go north on Ringwood Ave. (name changes to Greenwood Lake Tpk.) about 14 miles to Lakeside Rd. at south end of Greenwood Lake. Continue straight-ahead ½ block to shopping center on left. **GPS (41.1542, -74.3538)**

**Sunday May 29, 2022 South Sterling Ridge Trail Maintenance Moderately Strenuous**  
 Sterling Ridge needs some extra help on its southern section. Sara has obtained parking passes so we will start from the north and work south. We will car shuttle to the Visitor center. The hike is 2 miles to the fire tower and then 5.5 miles of clipping to the cars. Tools will be provided, however please bring work gloves. **Shuttle Required**  
**Leader: Sara Van Niekerk 973-489-6442 SUSARAVN@GMAIL.COM**  
**Meet: 9:00 AM South end of the Sterling Ridge Trail, 1561 Greenwood Lake Tpk. (Rt-511), Hewitt NJ 07421**  
**From I-287 Exit 55:** Take Rt-511 (Ringwood Ave.) (becomes Greenwood Lake Tpk.) north about 11 miles to junction of Greenwood Lake Turnpike and East Shore Drive.) Parking is on the left side of the Road. **GPS Meeting Place (41.1400, -74.3280)**  
**Shuttle Required Note! If late or lost see below!**

We will shuttle cars to Sterling Forest Visitor Ctr; 117 Old Forge Rd, Tuxedo Pk, NY 10987 GPS Shuttle (41.1983, -74.2562)  
 Drive back (south) on Rt-511 2 mi to Margaret King Rd. Turning Left drive 2¼ mi to Sloatsburg Rd. Turn left and drive 2 mi to Sterling Mine Rd (CR-72) at traffic light. Turn left onto Long Meadow Rd (CR-84). Go north 3½ miles to Sterling Lake Rd (Old Forge Road) on left. Turn left and go ¼ mi taking the next right toward the Visitor's Center which is ¼ mi ahead. The Parking will be opposite the Visitor Center in the hiker parking lot on right side of road.

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